



2026 Summit Area 5 Follow Up Information

Jeff Winton, Rural Minds website is: <https://www.ruralminds.org/>

And he kindly reminds you to spread the word about 9-8-8. **Calling or texting 988** will connect you to a qualified mental health professional. It is free and confidential.

PurpleOne offers free trainings for those in the Erie County, PA area. Visit this site to learn more visit: <https://www.purpleone.org/>

PurpleOne is a tool you should have in your tool belt as an advocate for women and girls. They also have a conference coming up in May in Erie, PA. Again, visit their site for more information.

Zonta USA Caucus visit <https://zontausa.org/about-zonta/usa-caucus/> to sign up for Fast Action Fridays - a great way to advocate for the ERA and so much more! Explore more tools available through our Zonta US caucus and start working together to advocate for policy change at the national and state levels to improve the lives of women and girls.